

## PARENTS' / CARERS GUIDE TO PAEDIATRIC NEUROPSYCHOLOGICAL ASSESSMENT

### Following the assessment:

The Neuropsychological assessment is an extensive, time-intensive, and labour-intensive process in order to best understand the results and needs of the child.

- After all information is received from all informants (parents, teachers, tutors, etc.), parents should expect to have a ***feedback session scheduled at least 4-8 weeks after the last piece of data was received from all informants.***
- At the feedback session, the Neuropsychologist will discuss findings and recommendations for intervention or management. The Neuropsychologist shares any diagnoses that the child meets criteria for according to the Diagnostic & Statistical Manual of Mental Disorders – 5<sup>th</sup> Edition-Text Revision (DSM-5-TR) / ICD - 10. Parents / guardians are provided with a detailed conceptualization about any areas of deficit / weaknesses noted on testing, areas of strengths and how these interact to influence a student's functioning.
- The Neuropsychologist also shares with parents / guardians a detailed list of recommendations that are customized to the student's unique profile in order to help him or her succeed at home, at school, and with peers. In some cases, the Neuropsychologist will recommend specific accommodations in the school setting such as extra time on tests, note-takers, and other academic accommodations based on the child's needs.
- Parents / Guardians are encouraged to ask questions and collaboratively develop a plan for implementing the recommendations at home and at school. Older students and adolescents are often encouraged to attend this appointment.
- **A comprehensive report** detailing the student's performance on domains assessed, conceptualization, diagnoses (if warranted) and recommendation will be provided to parents /guardians at least 1-2 weeks after the feedback session. The report details how your child's neuropsychological profile affects their functioning in relevant domains assessed (cognitive, academic, psychological, social, family). Detailed recommendations are provided to help you make use of the testing in your child's daily activities, including school.
- This report can be used to help other providers in the student's care:
  - Obtain a more detailed understanding of the student's strengths and weaknesses;
  - Help school personnel better meet the needs of the child in the academic setting;
  - Inform parents about how to maximize the child's functioning at home.

- We are happy to liaise with your child / adolescent's school as we consider **Education** to be one of the most important aspect of the child's functioning. We also assist with making recommendations tailored to your child's specific school curriculum. Additional education testing, direct consultation with your child's school and assistance with provision of recommendations for development of individual education services can be provided.
- If specific treatment or therapy is recommended, we will make every effort to provide the family with the name of a trusted colleague who can work with the child or the child/family.